HOPE CENTRE

Café • Child Contact • Support Services • Early Years



Sharon– Practitioner



Stacey- Practitioner



Jess- Practitioner

Our Nursery Values

'A place to learn, play and belong'

Respect – Treating others politely, listening and valuing everyone

Trust – Building safe and secure relationships between children, staff and families

Honesty – Encouraging children, staff and families to tell the truth and learn responsibility

Kindness – Caring for others, helping friends and showing empathy

Significant sign



to eat

Bing Videos

Expressive Vocabulary/ focus words

Sparkle ✨ Something that shines or glitters, like the lights in fireworks.

Light 🪔 Something that helps us see, like a candle or a lamp.

Remember 🌺 To think about someone or something important.

Kindness ❤️ Being caring, helpful and gentle towards others.

Safe 🚦 Keeping ourselves and others away from danger, such as holding an adult's hand near a road.

Daily Activities – *Please note these will be rotated termly*

Monday – Arts and Crafts

Tuesday – Outdoor Learning

Wednesday - Cooking and food exploration

Thursday – Music and Movement

Friday – Stories and Communication

Parent advice and guidance

Parenting Tips, Advice & Support | Save the Children UK

As the colder months arrive, we'll be focusing on supporting your child's emotional wellbeing, building happy and healthy daily routines, and helping them stay well and safe during the autumn and winter seasons. We love to get outdoors and explore in all weathers, so we'll also be helping the children learn how to dress appropriately for the weather and stay comfortable, warm and safe while enjoying outdoor adventures!

🍂🌧️

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This Month's traditions and festivals we're learning

🎵 World Nursery Rhyme Week – 9th–13th November

This month we will be celebrating **World Nursery Rhyme Week**, giving our children the opportunity to enjoy familiar rhymes, discover new favourites and explore the fun of music, rhythm and movement.

We'll be singing well-loved nursery rhymes, using musical instruments, joining in with actions and exploring stories through puppets and props. These activities will help support the children's speech, language and communication, listening skills, memory and confidence, while encouraging them to join in, take turns and have fun together.

From singing *Twinkle, Twinkle, Little Star* to acting out *The Wheels on the Bus*, there will be lots of opportunities for children of all ages to join in at their own pace.

We can't wait to hear the children's favourite rhymes, see their little faces light up as they join in and share lots of musical fun together! 🎶🎤🧸✨

Area of development	**Intent** – What do you want them to learn?	**Implement** – How will their learning be supported?	How to support this at home?
Personal Social and Emotional Development			
Social and Emotional	• *Begin to independently cooperate with peers during play.* • *Use emotion words and simple strategies to manage feelings.* • *Take turns with increasing confidence and minimal adult support.*	• Encourage cooperative play through group activities, role play, and small group games. • Support children to share, take turns, and negotiate during play with peers. • Use stories, circle times, check in circles, and visual aids to help children recognise and talk about their feelings and the feelings of others. • Model positive behaviour and language such as kindness, patience, and respect. • Provide opportunities for children to work together during activities such as building, creative play, and problem-solving tasks. • Maintain consistent routines and clear expectations to help children feel secure and confident.	• Encourage your child to play and work with others by arranging play opportunities, playing simple games, and doing activities together such as building, role play, or creative play. • Support sharing and turn-taking during play by using gentle reminders, taking turns in games, and helping your child use words to solve small disagreements. • Talk about feelings during everyday moments and when

		• Provide opportunities for children to talk about their experiences and express their ideas during circle time and group discussions.	reading stories. Help your child name how they feel and recognise how others might be feeling too. • Give your child time to talk about their day, share their ideas, and express their thoughts during family conversations. Show interest and listen carefully.
Independence	• Develop confidence in managing their own personal needs • Take responsibility for simple tasks and routines • Build independence in daily activities	• Encourage children to independently use cutlery and drink from cups during mealtimes. • Support children to manage personal hygiene such as washing hands and beginning to manage toileting routines independently. • Encourage children to put on and take off their coats and shoes with minimal support. • Provide opportunities for children to tidy resources and help set up or clear away activities. • Offer choices during play and routines to support decision-making and independence. • Praise children's efforts and achievements to build confidence and self-esteem.	• Encourage your child to dress themselves where possible, such as putting on coats or shoes. • Support your child in washing their hands independently before meals and after using the toilet. • Encourage your child to help tidy toys away at home to build responsibility and independence. • We have been pouring our own drinks at nursery so give it ago at home!
Physical development			
Fine motor	• Develop stronger hand muscles for early writing and self-care tasks • Develop hand–eye coordination and control with varied resources.	• Provide regular opportunities for mark making using pencils, crayons, chalk, paintbrushes, and markers. • Encourage activities such as cutting with child-safe scissors, threading beads, and completing more complex puzzles.	• Encourage your child to practise drawing, colouring, and mark making at home. • Provide opportunities for your child to use scissors, playdough, puzzles, and construction toys to strengthen hand muscles.

		• Offer playdough activities including rolling, pinching, flattening, and using tools such as cutters and rollers. • Provide construction activities using blocks, small building toys, or connecting pieces to develop precision. • Encourage children to practise self-care skills such as using cutlery, buttoning clothing, and opening containers. • Include activities such as sorting, transferring objects with tweezers or spoons, and manipulating small objects to strengthen hand control.	• Support your child in practising everyday tasks such as dressing themselves, opening lunch containers, or using cutlery.
Sensory/ Exploration	• Encourage curiosity, investigation, and exploration of the world around them. • Support learning through hands-on experiences and questioning.	• Provide sensory play opportunities such as sand, water, playdough, and textured materials for exploration. • Encourage children to investigate materials by mixing, pouring, building, and experimenting. • Model descriptive language during sensory play by discussing textures, colours, smells, and sounds. • Provide opportunities for exploring natural materials outdoors such as leaves, stones, soil, and water. • Introduce simple investigations or experiments to encourage curiosity and early problem-solving. • Encourage children to ask questions and share their ideas about what they observe.	• Encourage your child to explore natural materials during outdoor walks such as collecting leaves, sticks, or stones. • Provide simple sensory activities at home such as water play, baking, or playdough exploration. • Talk with your child about what they notice during play and encourage them to ask questions.
Physical / Gross motor	• Develop strength, balance, and coordination in larger body movements. • Build confidence and control during active play.	• Provide opportunities for running, jumping, hopping, balancing, and climbing during indoor and outdoor play. • Set up obstacle courses that encourage children to climb, crawl, balance, and move in different ways. • Encourage ball skills such as throwing, catching, kicking, and rolling to develop coordination. • Provide equipment such as balance bikes, climbing frames, and stepping stones to support movement development.	• Visit parks or outdoor spaces where your child can use climbing equipment and practise balancing skills. • Play simple ball games together to develop coordination and confidence.

		• Include movement games, dance, and action songs to encourage coordination and body awareness.	
Communication and Language development			
Language and communication	• Develop a wider vocabulary and begin using longer sentences • Improve listening, attention, and understanding • Build confidence in conversations and expressing ideas	• Model clear and descriptive language during play and daily routines, introducing new vocabulary and explaining meanings. • Encourage children to speak in longer sentences to describe their experiences, ideas, and feelings. • Use stories, puppets, and role play to encourage discussion, imagination, and storytelling. • Ask open-ended questions during activities to support thinking and conversation (e.g., "What do you think will happen next?"). • Provide opportunities for group discussions such as circle time where children can share their thoughts and listen to others. • Introduce new words through songs, rhymes, books, and themed activities. • Support children in following more complex instructions and understanding questions.	• Read stories together and encourage your child to talk about the characters, events, and what might happen next. • Encourage your child to describe their day, experiences, and feelings using full sentences. • Play games that involve listening and following instructions, such as action songs or simple treasure hunts.
Understanding the world			
Cognitive/ problem solving	• Develop early reasoning and problem-solving skills • Begin to predict outcomes and make simple decisions • Explore, sort, and classify objects to understand patterns and relationships	• Provide puzzles, sorting games, and building activities that encourage children to think and experiment. • Offer cause-and-effect toys and activities, such as pop-up toys, ramps, or water play, and encourage children to predict what will happen. • Encourage children to explore patterns, match objects by colour, shape, or size, and sequence simple events. • Support planning and decision-making by asking questions like "Which block should we put next?" or "What happens if we pour the water here?" • Offer problem-solving challenges during everyday activities, such as tidying toys by category, building towers, or completing simple obstacle courses.	• Encourage your child to play with puzzles, stacking toys, and shape sorters at home. • Provide simple experiments or cause-and-effect activities, such as pouring water from one container to another, rolling balls down ramps, or exploring magnets. • Talk with your child about patterns and sequences in daily life, e.g., sorting laundry by colour or lining up toy cars from smallest to largest.

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		• Praise attempts and encourage children to try different approaches if the first attempt doesn't work, fostering resilience and persistence.	
Mathematics			
	• Encourage problem-solving, reasoning, and curiosity about the world • Recognise, name, and describe shapes, • Develop an understanding of numbers, counting, and quantity	• Encourage counting objects during play ("How many blocks are here?"). • Sing counting songs and rhymes to reinforce number order and recognition. • Introduce simple addition and subtraction using practical objects ("If we have 2 apples and add 1 more, how many now?") • Use positional language during play: "under," "on top," "next to," "behind." • Introduce concepts of size, weight, and capacity through sand, water, and cooking activities.	• Encourage counting during daily routines: steps, toys, snacks, or cups at mealtimes. • Play simple sorting or matching games at home (e.g., socks, utensils, toy cars). • Explore shapes in the environment: doors, windows, plates, balls, and blocks.
Literacy			
	• Develop listening, attention, and comprehension skills • Recognise familiar words, letters, and environmental print • Encourage early mark-making and pre-writing skills • Begin to tell stories, express ideas, and use language creatively	• Read short and longer stories with clear illustrations, encouraging children to listen and recall events. • Encourage children to answer simple questions about stories or rhymes to develop comprehension. • Provide opportunities for drawing, painting, tracing, and beginning letter formation. • Offer a variety of writing tools (pencils, crayons, chalk) and surfaces (paper, boards, sensory trays). • Encourage children to narrate events from their day, using full sentences and chronological order.	• Read picture books and storybooks together, asking your child to describe characters, events, and what might happen next. • Talk about everyday experiences in full sentences to encourage expressive language ("First we washed our hands, then we put on our shoes, and then we went outside").

Stacey's Notes

Jess's Notes

Sharon's Notes