HOPE CENTRE

Café • Child Contact • Support Services • Early Years



Emily
Room Lead



Amy
Practitioner

Our Nursery Values

'A place to learn, play and belong'

Respect – Treating others politely, listening and valuing everyone

Trust – Building safe and secure relationships between children, staff and families

Honesty – Encouraging children, staff and families to tell the truth and learn responsibility

Kindness – Caring for others, helping friends and showing empathy

Significant sign



to eat

Bing Videos

Expressive Vocabulary/ focus words

Sparkle ✨ Something that shines or glitters, like the lights in fireworks.

Light Something that helps us see, like a candle or a lamp.

Remember To think about someone or something important.

Kindness ❤️ Being caring, helpful and gentle towards others.

Safe 🚦 Keeping ourselves and others away from danger, such as holding an adult's hand near a road.

Daily Activities – *Please note these will be rotated termly*

Monday – Arts and Crafts

Tuesday – Outdoor Learning

Wednesday - Cooking and food exploration

Thursday – Music and Movement

Friday – Stories and Communication

Parent advice and guidance

As the colder months arrive, we'll be focusing on supporting your child's emotional wellbeing, building happy and healthy daily routines, and helping them stay well and safe during the autumn and winter seasons. We love to get outdoors and explore in all weathers, so we'll also be helping the children learn how to dress appropriately for the weather and stay comfortable, warm and safe while enjoying outdoor adventures!

Parenting Tips, Advice & Support | Save the Children UK

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This Month's traditions and festivals we're learning

🎵 World Nursery Rhyme Week – 9th–13th November

This month we will be celebrating World Nursery Rhyme Week, giving our children the opportunity to enjoy familiar rhymes, discover new favourites and explore the fun of music, rhythm and movement.

We'll be singing well-loved nursery rhymes, using musical instruments, joining in with actions and exploring stories through puppets and props. These activities will help support the children's speech, language and communication, listening skills, memory and confidence, while encouraging them to join in, take turns and have fun together.

From singing *Twinkle, Twinkle, Little Star* to acting out *The Wheels on the Bus*, there will be lots of opportunities for children of all ages to join in at their own pace.

We can't wait to hear the children's favourite rhymes, see their little faces light up as they join in and share lots of musical fun together! 🎶🎤🧸✨

Area of development	**Intent** – What do you want them to learn?	**Implement** – How will their learning be supported?	How to support this at home?
Personal Social and Emotional Development			
Social and Emotional	• Develop friendships and begin playing alongside and with other children • Learn to recognise and express their feelings • Build confidence in social situations	• Encourage children to play alongside and with peers through small group activities and role play. • Model positive social behaviours such as sharing, turn-taking, and using kind words. • Support children in recognising and talking about emotions using stories, visuals, and everyday situations. • Provide group activities such as music, sensory play, and games that promote interaction and cooperation. • Maintain consistent daily routines to help children feel secure and confident.	• Encourage children to play alongside and with others through small group activities, role play, and simple games at nursery and at home. • Model positive social behaviours such as sharing, turn-taking, and using kind words. • Support children to recognise and talk about their feelings using stories, pictures, and everyday experiences.

		• Work closely with parents to share information about children's interests, routines, and emotional needs.	• Provide group activities such as music, sensory play, singing, and games that encourage interaction and cooperation. • Maintain consistent daily routines to help children feel safe, secure, and confident.
Independence	• Develop confidence in self-care skills. • Begin managing personal needs with support. • Build independence during everyday routines.	• Encourage children to drink from open cups and use age-appropriate cutlery during mealtimes. • Encourage independence in pouring their own drinks at mealtimes with support from practitioners. • Support children to feed themselves and make simple choices about their food. • Model and encourage good hygiene routines such as washing hands before meals and after toileting or messy play. • Support children in wiping their own hands and faces after meals. • Encourage children to help tidy toys and resources after play.	• Encourage your child to use a spoon or fork during mealtimes and practice drinking from an open cup. • Support your child in washing their hands before meals and after using the toilet. • Encourage your child to help tidy toys away after playing to build independence • Involve your child in the cooking process to support healthy choices and empower them to feel proud of their efforts with an outcome.
Physical development			
Fine motor	• Improve hand–eye coordination • Strengthen hand muscles and grasp for early writing and self-care skills	• Provide activities such as threading, stacking blocks, and simple puzzles to develop hand control. • Encourage mark making using crayons, chalk, paintbrushes, and large pencils. • Offer playdough activities such as rolling, squeezing, pinching, and cutting with child-safe tools to strengthen hand muscles. • Using everyday routines such as zips on coats and jackets and tongs at meal times to develop confidence in their fine motor movements. • Provide regular opportunities for repetitive play so children can refine their movements and build confidence.	• Encourage your child to practise mark making using crayons, chalk, or paint at home. • Offer playdough, building blocks, or simple puzzles to strengthen hand coordination and control. • Encourage your child to help with small everyday tasks such as stirring, pouring, or picking up small items during play. • Encourage involvement in independence such as doing up

			Velcro on shoes and zips on coats.
Sensory/ Exploration	• Encourage curiosity and exploration through the senses. • Support learning through hands-on experiences.	• Provide sensory activities such as water play, sand play, playdough, and textured materials for children to explore. • Encourage children to investigate different textures, temperatures, and materials through hands-on play. • Offer musical instruments and songs to explore rhythm, sound, and listening skills. • Provide opportunities for children to explore natural materials such as leaves, sticks, and stones during outdoor play.	• Provide simple sensory play opportunities at home such as water play, playdough, or exploring natural materials in the garden or park. • Encourage your child to talk about what they see, hear, and feel during play to support language development. • Explore music together through singing songs, dancing, or using simple instruments.
Physical / Gross motor	• Develop balance, coordination, and confidence in movement • Strengthen large muscle groups through active play	• Provide opportunities for climbing, running, jumping, and balancing during both indoor and outdoor play. • Set up obstacle courses using tunnels, stepping stones, soft blocks, and balance beams. • Encourage activities such as kicking, throwing, and rolling balls to develop coordination. • Provide ride-on toys, push toys, and space for free movement. • Model and support safe movement during climbing and balancing activities.	• Encourage active play at home such as running, jumping, dancing, or playing with balls. • Visit parks or outdoor spaces where your child can climb, balance, and explore safely. • Encourage risk taking in play, allow your child to risk assess as appropriate and develop confidence in themselves.
Communication and Language development			
Language and communication	• Develop understanding of spoken language • Build vocabulary and begin using short sentences • Develop listening and conversation skills	• Model clear language throughout the day by describing actions, routines, and objects during play and daily activities. • Encourage children to use words and short phrases to express their needs, choices, and ideas. • Sing songs, nursery rhymes, and action songs to support vocabulary, rhythm, and listening skills.	• Read books with your child and talk about the pictures, characters, and events in the story. • Talk with your child about everyday activities, naming objects and describing actions.

	• Show understanding through following instructions and eye contact with peers and grownups.	• Use stories, puppets, and visual prompts to encourage children to talk about pictures and events. • Ask simple questions and give children time to respond to encourage conversation and turn-taking. • Introduce new vocabulary through play experiences, sensory activities, and daily routines. • Support children in following simple instructions and understanding everyday language.	• Encourage your child to use words, short sentences, gestures and signs to communicate their needs and choices.
Understanding the world			
Cognitive/ problem solving	• Begin to understand cause and effect in play and everyday situations • Develop early problem-solving and reasoning skills. • Explore, investigate, and make simple decisions	• Encourage children to experiment and discover outcomes by pressing buttons, shaking objects, dropping blocks, or turning parts. • Play hide-and-seek or object reveal games using toys, boxes, or cups to support understanding of object permanence. • Offer simple challenges, such as fitting shapes into a sorter or finding a hidden toy, and guide children to try different solutions. • Support exploration through repetition, allowing children to try the same activity multiple times to notice patterns and outcomes. • Model problem-solving by demonstrating strategies, giving hints, and praising attempts rather than just results.	• Play simple hiding and finding games, such as covering a toy with a cup or blanket, to help your child understand object permanence. • Provide opportunities for your child to try simple puzzles, stacking blocks, or shape sorters, praising their efforts and discoveries.
Mathematics			
Early Maths	• Begin to recognise numbers, counting, and simple quantities • Explore shapes, sizes, and patterns in the environment	• Encourage children to count objects during play, e.g., blocks, cars, or snack items. • Use songs, rhymes, and finger play to introduce number order (“One, two, three…”) • Introduce simple comparisons like “more” or “less” using toys or food. • Use positional language in play: “in,” “on,” “under,” “next to.”	• Count everyday items together: snacks, cups, toys, or steps. • Explore shapes at home: doors, cups, plates, blocks, and balls. • Encourage sorting by colour, size, or type during play or tidy-up time.

	• Develop early problem-solving skills and mathematical thinking	• Introduce basic concepts of size, weight, and capacity through water play, sand, and stacking activities.	
Literacy			
Early Literacy	• Develop early listening and attention skills • Begin to recognise sounds, words, and pictures • Encourage interest in books, stories, and mark-making • Begin to use language to express ideas, needs, and feelings	• Read short, simple picture books with repetition and clear illustrations. • Introduce new words during play and daily routines, e.g., naming objects, actions, and people. • Talk about the pictures in books, describing what characters are doing or feeling. • Use puppets, props, or toys to act out stories or create simple narratives. • Encourage children to "tell a story using pictures or props, even if it is simple or non-verbal.	• Read short picture books with your child, naming objects and describing what's happening. • Encourage your child to point at pictures, turn pages, and repeat words or phrases. • Provide opportunities for scribbling or drawing at home with crayons, chalk, or markers.

Emily's Notes

- 5th Nov. Bonfire night
- 6th-10th Nov. Diwali
- 11th Nov Remembrance
- 13th Nov. Kindness day
- W/O 16th Nov. Road safety week
- 10th Dec Christmas Jumper day

Amy's Notes

Birthto5Matters-download.pdf & Development Matters - Non-statutory curriculum guidance for the early years foundation stage

We have shared links to **Birth to Five Matters** and **Development Matters**, which we use in nursery to help monitor children's development and plan their next steps in learning.

If you ever have any questions or concerns about your child's development, please feel free to get in touch. We are always happy to help.